



EASTER MEDALS OPEN 2020

WITH FULL ELECTRONIC TIMING

Venue - Rugby athletics track - CV22 5LJ

PART 1 - SATURDAY 4TH APRIL – FIELD ONLY

PART 2 – SATURDAY 11TH APRIL – TRACK AND FIELD



All timings are provisional and may be altered based on numbers

TRACK	FIELD
DAY 1 – APRIL 4TH	
	11.30 Hammer – U15 upwards 11.30 Pole Vault – U15 upwards 12.45 Javelin – U13 upwards 14.00 Triple jump – U17 upwards 14.00 Discus U13 upwards
	All the above events will receive 6 trials
DAY 2 – APRIL 11TH	
11.30 300m hurdles (U17 women) 11.45 400m hurdles U17 men upwards and U20/senior women 12.00 600m (U11) 12.15 800m U13 upwards 12.40 75m (U11) 12.55 100m U13 upwards 13.40 300m (U15 boys and U15/17 women) 13.50 400m U17 men upwards and U20/senior women 14.00 1500m U13 upwards 14.25 U11 150m 14.40 200m U13 upwards 15.05 Sprint hurdles U13 upwards	11.30 LJ - U13 upwards 11.30 Shot U13 upwards 12.30 LJ - U11 12.30 HJ - starting height 1m 30 13.30 HJ starting height 95 cm 13.30 Howler U11
	All the field events on the 11th will receive 4 trials

THERE WILL BE ELECTRONIC TIMING FOR ALL TRACK EVENTS

There will be medals for the first 3 in all U11, U13 and U15 competitions

All entries are to be made online at <https://uk.entry4sports.com/#/>

Entries close on April 1st and April 8th for the respective days

Cost - £5 per event for U13 upwards and £3 per event for U11s

Entry on the day may be possible dependent on numbers but entries must be made 30 minutes before the event is timetabled to start. Entries on the day will be £10 and £7 respectively

