

## Rugby & Northampton Athletic Club Committee Meeting

Date: 8 January 2020, Venue: Hartwell Close, Northampton, Start: 7.30pm

**Present:** Adrian White, John Gercs, Jenny Eaton, Amanda Gurney, Kate Williams, Janet Wright, Dave Burge, Terry Akiens, Ruth Woodward, Paul Cooper. Also, Amy Frith (EA Club Support Manager)

**Apologies:** Vince Carroll, Mark Barrowclough, Charlie Barker, Nigel Roberts.

<u>Item</u>	<u>Agenda Item</u>	<u>Actions</u>
1	<p><b>Welcome</b></p> <p>Jenny, Ruth and Amy were welcomed to the meeting. Jenny has been co-opted as Honorary Secretary and Ruth as a representative of Rugby-based members.</p>	
2	<p><b>Apologies</b></p> <p>Apologies were received from Mark Barrowclough.</p>	
3	<p><b>Discussion with Amy Frith, EA Club Support Manager</b></p> <p>Amy talked with us about what assistance could be offered, for example discipline specific Coach development or something more towards the club's specific needs e.g. legal structure. She can either offer ideas or we can let her know what we need.</p> <p>We looked in depth at the 360 programme, which focuses support across the whole club; looking at vision, community engagement and finance. We felt this was a good fit for us where we are at currently. Amy would sit with a small subset of the committee, survey club members and parents, visit the club and then she would make a report for the committee to review before she met with us again to set plans into motion.</p> <p>Subset suggested was Janet Wright, Paul Cooper and Adrian White, The meeting would take approximately 2.5 hours.</p>	<p>Amy – Adrian to follow up with her</p>
4	<p><b>Minutes of November Meeting</b></p> <p>There being no changes we moved straight onto the matters arising.</p>	

<b><u>Item</u></b>	<b><u>Agenda Item</u></b>	<b><u>Actions</u></b>
<b>5</b>	<b>Matters Arising</b>	
<b>A</b>	<b><u>Rugby Junior Athletics</u></b>	
	WTC is working with U11s using Saturday Track Club coaches. James sets out the plans for them, working from 365 Athletics, this allows us to run up to 4 sessions/week. This is currently under trial and will be reviewed. Janet to evaluate coaching in general and look at recruitment of additional coaches and as well as the development of existing coaches.	Janet
<b>B</b>	<b><u>Northampton Junior Athletics</u></b>	
	For the U11s Kate and her coaching team are going to look at a training plan, but they do have a couple in the group that need more intensive training as they are not stretched enough at present	Kate
<b>C</b>	<b><u>Club Merchandise</u></b>	
	Orders are coming through from the website. We talked about making sure Officials as well as Coaches and those leading warm ups at Cross Country and other events all had Blue Jackets so they stand out and look like part of a cohesive team. Dave to investigate further	
<b>D</b>	<b><u>Communication – Instagram, Twitter, Snapchat</u></b>	Dave
	Simone has set up Instagram and there is a new twitter, but to date we've been unable to remove the old accounts. Jenny explained she had contacts at Twitter and had been able to do that for her clients and if she could be passed the handles she would work on this.	
	Jenny explained she had experience in running social media accounts and training others to use social media – she would like to review the policy and work on making a plan so we use it to better effect.	Dave Jenny
<b>E</b>	<b><u>Communication – Newsletter</u></b>	
	The current format of the Newsletter is working well. Perhaps it would be better to consider sending out information regularly – say once a month on a specific date so people can look out for it. Other information could be sent out across social media. This needs thinking about some more.	
<b>F</b>	<b><u>SWOT Analysis</u></b>	

<b><u>Item</u></b>	<b><u>Agenda Item</u></b>	<b><u>Actions</u></b>
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This was briefly looked at but it was agreed that we should pass this along to the meeting of the subset of the committee with Amy.

**6 Virgin Money London Marathon 2020 – Club entries**

At the time that the December meeting was cancelled, it was agreed by e-mail that one entry would be allocated to Chris Lamb and a draw would be made for the other two places. The recipients were:

Bib number	Name
24766	Susan Nowill
24767	Emma Timms
24768	Chris Lamb

**7 2020 T&F Leagues**

**7.1 National Athletic League**

It was confirmed that we will withdraw from the league.

**7.2 Feedback from AGMs**

All AGMs have taken place and the dates and venues of fixtures have been confirmed. We have several home fixtures:

Sun 26 April	YDL Upper Age Group
Sat 6 June	YDL Lower Age Group
Sun 5 July	Heart of England League
Wed 8 July	Midland Vets League
Sun 12 July	Midland T&F League (might be moved to Nuneaton)

Officials have been notified of the fixtures.

**8 Membership**

**8.1 Elections**

33 new members were elected, including the following transfers:

Freya Vincent from Gateshead Harriers  
 Catherine White from Univ. of Warwick  
 Richard Wild from Bedford Harriers AC  
 Justin Twomey from Northampton Road Runners

**8.2 Resignations**

Four resignations were accepted.

**8.3 Membership Register**

Not discussed.

#### **8.4 Other membership Issues**

There was a lengthy discussion about non-payment of membership fees. Paul commented that we have probably lost a substantial amount of income through no longer having a Membership Secretary. We need to find a volunteer for this position to avoid this situation continuing.

### **9 Governance**

#### **9.1 Club Disciplinary Policy**

Not discussed.

### **10 Finance**

#### **10.1 Summary Statement from Paul**

PC had circulated the year-end finance reports for 2019.

There was a deficit on main club activities. Opportunities for savings in future were discussed:

- Withdrawing from National League (net cost for BAL/UKWAL in 2019: £3186)
- Avoiding overnight stay for YDL UAG Regional Final (net cost for 2019: ~£3000)
- Vests: net cost in 2019 was £1631 – on average, we should make a small profit on vests.
- Total potential savings on these items: ~£8000

It was also noted that the venues for YDL/HoE fixtures this year could mean a saving on coach costs and there would be no need to buy sports hall league t-shirts (cost in 2019: £722).

We spent £2765 on coach training courses in 2019. The options for covering course fees in future were discussed and it was agreed to continue paying fees in full but to ensure that those attending would actively coach after attending courses.

Paul asked for input on the assumptions to make for the 2020 budget. Adrian commented that, if possible, we should avoid increasing subs. Janet proposed that we should offer a monthly direct debit option for subs. The alternative of allowing instalments to be spread over 6 rather than 4 months was preferred. Janet will provide a list of equipment needed this year. Paul will produce a budget and subs proposal for the next meeting.

Janet

Paul

### **11 Other items**

#### **11.1 AGM**

It was agreed that the AGM will be on Monday 16 March. John will check whether Watford Village Hall is available to use as the venue to save the cost of hiring a room at a hotel. John

The Committee nominated Vince Carroll as the candidate to take over from Terry Akiens as President.

## 11.2 Recent Competition Results

9 November - Birmingham Cross Country League Div. 1, Coundon Court

A team 10<sup>th</sup> 459 pts, B team 12<sup>th</sup> 1167 pts.

8<sup>th</sup> Dom Jones

9 November - Midland Womens League Div 2, Coventry

Overall team 10<sup>th</sup> 223 pts, 20<sup>th</sup> (5<sup>th</sup> JW) Lucy Stevens

16 November - British & Irish Masters CC International 2019, Liverpool W70 1<sup>st</sup> Angela Copson (England) - 12<sup>th</sup> successive age group title

17 November - West Midland Young Athletes Cross Country League, Warley Woods

U17W team 6<sup>th</sup> 523 pts, 9<sup>th</sup> Sophia Hill

U11B team 6<sup>th</sup> 822 pts, 8<sup>th</sup> George Bell

U17M team 3<sup>rd</sup> 571 pts, 3<sup>rd</sup> Tom Tyler

U11G team 6<sup>th</sup> 788 pts

U15B team 7<sup>th</sup> 677 pts, 9<sup>th</sup> Dominic Evans

U13G team 5<sup>th</sup> 867 pts, 13<sup>th</sup> Jemima Cooper

U13B team 7<sup>th</sup> 779 pts, 3<sup>rd</sup> Arthur Tilt

U15G team 12<sup>th</sup> 355 pts, 2<sup>nd</sup> Madeleine Jacks

Overall team 6<sup>th</sup> 5382 pts

24 November – Three Counties Cross Country League, Leighton

Men: 6<sup>th</sup> (1<sup>st</sup>: Joe Vaughan)

Women: 12<sup>th</sup>

Overall: 10<sup>th</sup>

30 November – Charity Cup, Kettering

U11G team 1<sup>st</sup>, 4<sup>th</sup> Claudia Terrell

U11B team 2<sup>nd</sup>, 5<sup>th</sup> Thomas Leeson

U13B 1<sup>st</sup> Arthur Tilt, 4<sup>th</sup> Oliver Bell

U15G team 1<sup>st</sup>, 1<sup>st</sup> Madeleine Jacks, 2<sup>nd</sup> Elspeth Unitt, 5<sup>th</sup> Grace Darcy

U15B 4<sup>th</sup> Dominic Evans

1 December – 8<sup>th</sup> Santa Run, Rugby

5K 1<sup>st</sup> Alistair McDonnell, 1<sup>st</sup> lady Tilly Lea.

1<sup>st</sup> boy Arthur Tilt, 1<sup>st</sup> girl Madeleine Jacks.

7 December - Birmingham Cross Country League Div. 1, Stoke

A team 5<sup>th</sup> 224 pts (now 7<sup>th</sup> overall), B team no score.

4<sup>th</sup> (1<sup>st</sup> junior) Josh Lay, 8<sup>th</sup> Dom Jones

7 December - Midland Womens League Div 2, Crewe  
12<sup>th</sup> (3<sup>rd</sup> JW) Lucy Stevens, 16<sup>th</sup> Tilly Lea

8 December - West Midland Young Athletes Cross Country League,  
Perry Park

U17W team 7<sup>th</sup> 520 pts, 16<sup>th</sup> Sophia Hill

U11B team 4<sup>th</sup> 874 pts, 4<sup>th</sup> Jake Clarke

U17M team 1<sup>st</sup> 586 pts, 1<sup>st</sup> Noah Bennett, 3<sup>rd</sup> Lewis Panter

U11G team 3<sup>rd</sup> 845 pts, 16<sup>th</sup> Esther Hutchins-Morant

U15B team 6<sup>th</sup> 679 pts, 16<sup>th</sup> Dominic Evans

U13G team 4<sup>th</sup> 881 pts, 15<sup>th</sup> Sophie Hancock

U13B team 6<sup>th</sup> 862 pts, 1<sup>st</sup> Arthur Tilt

U15G team 1<sup>st</sup> 929 pts, 2<sup>nd</sup> Alice Bennett, 3<sup>rd</sup> M. Jacks, 6<sup>th</sup> E. Unitt

Overall team 3<sup>rd</sup> 6176 pts

8 December – Three Counties Cross Country League, Wootton

Men: 3<sup>rd</sup> (8<sup>th</sup>: David Ball)

Women: 13<sup>th</sup>

Overall: 9<sup>th</sup>

29 December - Ribble Valley 10K, Clitheroe

30<sup>th</sup> Elisha de Mello 30:55 (Club record), 54<sup>th</sup> Alistair McDonnell 32:01

4 January - NAA CC Champs - Wellingborough

U11 Girls: 3<sup>rd</sup> Claudia Terrell

U11 Boys: 1<sup>st</sup> 16 pts, 2<sup>nd</sup> Jake Clarke, 5<sup>th</sup> Joseph Boyle, 9<sup>th</sup> F. Windum

U13 Girls: 2<sup>nd</sup> 24 pts, 6<sup>th</sup> Jemima Cooper, 7<sup>th</sup> Sophie Hancock

U13 Boys: 3<sup>rd</sup> 30 pts, 6<sup>th</sup> Thomas Church

U15 Boys: 1<sup>st</sup> 19 pts, 5<sup>th</sup> Ollie Buchan, 7<sup>th</sup> James Darcy, 8<sup>th</sup> K. Ashman

U17 Men: 1<sup>st</sup> 10 pts, 1<sup>st</sup> Fergus Scott, 4<sup>th</sup> Finlay Ward, 5<sup>th</sup> Jude Kelly

Men: 1<sup>st</sup> 33 pts, 1<sup>st</sup> Joshua Lay (1<sup>st</sup> JM), 2<sup>nd</sup> Dominic Jones, 4<sup>th</sup> William Gardner, 7<sup>th</sup> Jack Bond, 9<sup>th</sup> Duncan Birtwistle, 10<sup>th</sup> James Wizard (3<sup>rd</sup> JM)

4 January - WCAA CC Champs – Warley Woods

U13 Boys: 4<sup>th</sup> 52 pts, 11<sup>th</sup> Oliver Bell

U15 Boys: 5<sup>th</sup> 45 pts, 8<sup>th</sup> Henry Woodward

U15 Girls: 1<sup>st</sup> 16 pts, 1<sup>st</sup> Madeleine Jacks, 5<sup>th</sup> Grace Darcy, 10<sup>th</sup> E. Unitt

U17 Women: 3<sup>rd</sup> Sophia Hill, U20 Women: 6<sup>th</sup> Georgina Woodward

U17 Men: 2<sup>nd</sup> Tom Tyler,

Men: 5<sup>th</sup> George Goodwin, Masters men: 3<sup>rd</sup> 75 pts, 4<sup>th</sup> Stephen Marks

### 11.3 Any other business

John Love won the Lifetime Contribution To Sport Award at the Northamptonshire Sports Awards 2019.

The other agenda items were deferred to the next meeting.

The meeting ended at 10.30 pm.

**Next meeting:**

5 February, 7:30 pm. (Venue: Rugby Clubhouse)