Rugby & Northampton Athletic Club Committee Meeting

Date: 11 September 2019, Venue: The Clubhouse, Rugby Athletics Track, Start: 7.30pm

- **Present**: Adrian White, John Gercs, Dave Burge, Amanda Gurney, Terry Akiens, Vince Carroll, Janet Wright, Paul Cooper.
- **Apologies:** Kate Williams, Mark Barrowclough, Charlie Barker, Paul Furness, Nigel Roberts.

Item Agenda Item

Actions

1 Minutes of previous meeting

The Committee agreed the minutes from the July meeting were a true record.

2 Proposal from James and Janet Wright (coaching at Rugby)

James Wright attended this part of the meeting. The proposal had been circulated to the committee in advance of the meeting.

The main topic was coaching of under 11s. This group is currently coached by Sue Deeley and there is difficulty finding others to coach the group. James described a proposal in which U11s would attend sessions run by WTC twice per week. In addition, membership of R&NAC would be required for competition.

The committee decided to try an alternative approach in which U11s sessions would remain within R&NAC and be managed and staffed by WTC. There would be 2 sessions per week on Mondays and Wednesdays. James would send a cost estimate for this arrangement to Paul.

James

The Saturday Track Club sessions would continue as at present as an additional activity at extra cost to those attending.

James also described his plan to launch a development academy (DA) for U13 and U15 athletes, in addition to the existing performance academy (PA) for U17 and U20 athletes. It was agreed that some academy sessions can take place within the Club's track bookings (on the understanding that the athletes are Club members) provided this does not disrupt the activities of the Club's coaches. It was also agreed that academy athletes would be permitted to use the concessionary rate currently applied to U20/U23 athletes from the next membership renewal provided the numbers remain relatively small (~10 in the DA and ~15 in the PA).

Paul will inform the Sub-Aqua Club that the main part of the Clubhouse meeting room will only be available from 8:30pm of Mondays from 23 September as it will be used for S&C sessions until 8:30.

Paul

It was also agreed to extend the Club's track bookings on Wednesdays and Thursdays by half an hour: 6:00 to 8:00 pm on Wednesdays Paul

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(currently we start at 6:30pm) and from 6:00 to 8:30 pm on Thursdays (currently we finish at 8:00 pm).

Paul will also book the QDJC sports hall on the Thursday evening Paul before each Warwickshire Sportshall League match (5 sessions in total).

3 Matters Arising from Previous Meeting

3.1 Northampton Junior Athletics

It was agreed to go ahead with the new flyer circulated earlier in the day.

4 Committee

Meeting dates/venues

It was confirmed that meetings will be held monthly on 1st Wednesday of each month, alternating between Hartwell Close in Northampton and the Clubhouse in Rugby. The dates for the rest of the year will be:

- 2 October (Hartwell Close, Kingsthorpe)
- 6 November (Rugby Clubhouse)
- 4 December (Hartwell Close, Kingsthorpe)

Club Secretary

The Club Secretary post will be advertised in the next newsletter. Committee members should also look out for possible candidates. In the meantime, Paul will continue to issue the agenda and minutes.

5 Finance

5.1 Summary Statement from Paul

PC had circulated the usual finance reports before the meeting.

5.2 ClubConnect Relay prize money

It was agreed that members of the winning teams (U13B & U20M) would be allocated £50 each to spend on Club-branded merchandise.

Dave will contact Kukri to investigate what they can offer as an alternative to our existing kit provider.

Dave

6 Membership

6.1 Current Membership Statistics

Janet had circulated a Club Membership Overview earlier in the day, together with lists of those assumed to have left the Club and those who have not yet paid.

Actions

The list of leavers was confirmed and the not-paid list was reviewed – Janet to circulate the outcome of the review (chase subs/delete/etc.) Janet

6.2 Other membership Issues

Nothing to report.

6.3 Elections

The following have transferred to us via the Change of First Claim Club process:

Tina Wilkins (from UKRunChat Running Club) Eddie Page (from Loughborough Students AC) Carly Rourke (from Radcliffe AC)

6.4 Resignations

Four transfer requests were accepted. There were no other resignations.

7 Facilities

7.1 Northampton

Nothing to report.

7.2 Rugby

Nothing to report.

8 Competition

8.1 Forthcoming events

21 September - Midland Combined Autumn Road Relays, Sutton Park
6 October - Rugby 10
13 October - West Midlands YA CC League, Hatton Park
18 October - Warwickshire Sportshall League, Coventry (Dave to order Dave some more T-shirts)
27 October - Rugby Half Marathon

11 January 2020 – Birmingham League at Abington Park, Northampton – Vince is looking after preparations.

8.2 Team Management

West Midlands YA CC League – team being managed by Tim Hill and Lee Woodward.

8.3 Coach Development and Training

Actions

Good progress with pole vaulting (Lee Woodward) and throws (Gary Herrington) was noted.

An endurance coaches meeting is planned for 27 September.

A Coaching Assistant course will take place in Rugby on 28 & 29 September (price £185). Various possible candidates were discussed. Information on the course will be included in the next newsletter.

An Athletics Coach course will take place in Rugby on 26 & 27 October (price £270). Two candidates were proposed.

8.4 Officials Recruitment and Training

The officials situation was OK last season.

It is proposed to hold courses in Rugby in February or March next year to train more officials.

8.5 Recent Competition Results

18 August – ClubConnect Relays at Müller Grand Prix Birmingham 4x100m Relay U13 Boys: 1st, 51.77 4x100m Relay U15 Boys: 4th, 48.61 4x100m Relay U17 Men: 3rd, 43.91 4x100m Relay U20 Men: 1st, 42.79

4x100m Relay U13 Girls: 6th, 54.55 4x100m Relay U17 Women: 5th, 51.60

31 August, Midland Veterans League Cup Final, Nottingham "A" team first in mens, womens and combined competitions.

4 September, EMGP Silverstone 10km
1 Michael Aldridge, 2 Dominic Jones, 3 Will Gardner
1st in overall and senior men categories.
1st in senior and vet men categories in EMGP series.

9 Future Strategy

A separate meeting will be arranged to review the SWOT analysis and consider future strategy.

10 Governance

10.1 Club Policies

Review of disciplinary policy

Vince to create a disciplinary policy alongside the constitution – target Vince next Committee meeting.

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Actions

10.2 Review of Constitution

See 10.1. Change back to rolling subs year also required.

11 Communication

It was noted that the website is not working properly for some people.

Post meeting note: Bryan Acford has been in contact with Dinesh (Web Growth Consulting) and there is an issue which they are looking into.

12 Any Other business

12.1 Visit from Amy Frith, England Athletics Club Support Manager

Feedback has been received on Amy's recent visit to Moulton.

Meeting ended at 10.50 pm.

Next meeting:

2 October, 7:30 pm. (Venue: Hartwell Close, Kingsthorpe, NN2 8TT)