

FOR CHILDREN  
IN SCHOOL  
YEARS 2-9



**FREE**  
T-SHIRT &  
GOODY BAG  
MEDALS,  
PRIZES AND  
AWARDS  
THROUGHOUT  
THE WEEK



**STAR  
TRACK**  
SUMMER HOLIDAY ATHLETICS

RUGBY AND NORTHAMPTON ATHLETIC CLUB  
SUMMER HOLIDAY COURSES 2019  
HOSTED BY JAMES AT WRIGHT TRACK COACHING

**WEEK 1:**  
22ND - 26TH JULY, RUGBY  
**WEEK 2:**  
5TH TO 9TH AUG, RUGBY  
**WEEK 3:**  
12TH TO 16TH AUG,  
MOULTON, NORTHANTS  
**WEEK 4:**  
19TH TO 23RD AUG, RUGBY

£80 per week or  
£25 per day 10am - 3pm  
Breakfast and After Clubs  
available 8:30-5:30\*

\*Additional costs apply

## WHAT WE DO...

- ★ Get a taste for athletics by trying every run, jump and throw
- ★ Take part in fun relays and challenges through the week
- ★ Try to guide your country to glory in our Mini Olympics

## HOW TO BOOK

**Online:** [www.randnac.org](http://www.randnac.org) and [www.wrighttrack.co.uk](http://www.wrighttrack.co.uk)

**By Post:** Request, complete and return a Booking Form (available on the website)

**Enquiries & Booking Form Requests** to James on email: [james@wrighttrack.co.uk](mailto:james@wrighttrack.co.uk)



**WRIGHT  
TRACK**  
COACHING  
JUNIOR ATHLETICS